



Church of the Savior

L U T H E R A N

January 29th, 2021

Dear Parents,

The New Jersey Department of Health issued guidelines for schools and childcare facilities to follow during the COVID-19 pandemic. These guidelines change as our "Risk Factor" changes. The categories range from Green (low risk), Yellow (moderate risk), Orange (high risk), to Red (very high risk). As of this writing Bergen County is in the **Orange** category.

Since school began in September we have closely followed these guidelines. As we have watched the numbers increase in our area we, as a private school, have decided to amend these guidelines to a stricter standard in the hopes we can continue to remain open. It is imperative we keep our school families safe and we ask you to support our most recent decision. These guidelines will be monitored throughout the coming weeks.

Criteria:

If your child exhibits **one** of the following symptoms: fever (100.0), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose (**clear non-allergy related**) (**or not-clear**) he/she should **stay home until symptoms improve**.

If your child exhibits **two** of the above mentioned symptoms **OR one** of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder, rash - he/she should **stay home until**:

- At least 14 days have passed since symptom onset
- They have a negative COVID-19 **PCR** test. Rapid tests **will not** be accepted
- They have met the criteria for discontinuing home isolation

An alternative diagnosis will not be accepted for return to school when individuals meet COVID-19 exclusion criteria. Subsequently, although a negative test result may be received the individual may not be well enough to attend school. The student should remain home until symptoms are clear.

Persons who test positive for COVID-19, but who are asymptomatic should stay home for 14 days from the positive test result.

If a student remains home because he/she is experiencing COVID-like symptoms, **sibling(s)** of that student must also remain home until the symptomatic student's COVID status is determined by a negative COVID-19 test result. **If the symptomatic individual tests positive, the sibling(s) will need to quarantine. Additionally, if a member of your household has**

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symptoms or is being tested for COVID-19, everyone should stay home/quarantine until the result is known.

All close contacts (within 6 feet of an infected person for 15 or more minutes during a 24 hour period) of someone who has tested positive **must also remain out of school for 14 days or a negative test result is received (tests may be given on the 5th day after the close contact and no sooner)**

If you travel to a country, state, or territory identified on the quarantine list **(including New York, Pennsylvania, Connecticut, and Delaware)** over a **24 hour period** your child will need to remain in quarantine and not come to school for **14 days**. Please also consider a 14 day quarantine for members of your household if you have visitors staying with you from a travel advisory state or from out of country.

We understand the strain this can cause parents and children. In order to keep the children on track while they are out (due to quarantine) there will be a virtual option with their teachers, during regular class time. To clarify, if a child will be out due to COVID like symptoms, they will be able to join the class via Zoom for circle times. Supplemental material can be picked up at the school.

In summary, if a member of our school community comes to school while not feeling well, it has the potential to force a class, or the entire school to switch to a virtual format. All areas that the student occupied must also be closed for 24 hours before they are deep cleaned and sanitized.

We again thank you for your continued support and understanding in keeping everyone safe during this time. We will continue to update you as circumstances change.

God Bless,
Church of the Savior Nursery School